

# CULTURAL iQ EDUCATION (CiQ) learning platform

[www.culturaliq.com.au](http://www.culturaliq.com.au)





CiQ is an intensive cultural learning program designed to elevate your cultural awareness on your journey to cultural intelligence. The program helps develop self-reflective and aware individuals, while providing opportunities to assess and process real life experiences and implement self-education to create meaningful outcomes.

The CiQ program incorporates **four core modules** exploring:

- Cultural values
- Cultural competencies
- Cultural barriers
- Cultural considerations

Sessions are delivered as video on demand supported by LIVE Cultural Coaching sessions.



CiQ is a safe, inclusive space for a business to say, *"We want to do better but we don't know what to do"*.

Our mission is black and white. We increase cultural intelligence scores across businesses of all sizes, to enable individuals and organisations to recognise, reflect, and respond in a culturally intelligent way. The CiQ multi-faceted, scalable learning platform will enable us to achieve this mission.

## Lesson Overviews

The CiQ Program is designed to build understanding, not overwhelm, so cultural lessons are drip fed every week to allow learners time to engage with the content. Every three weeks, learners can join a LIVE Cultural Coaching session providing regular opportunities to check their understanding and connect with other learners.



### Module 1

- Concept of Culture
- Concept of Diversity
- Cultural Understanding
- Cultural Bias
- Cultural Influences

### Module 2

- What is cultural competence?
- Effect of cultural competence
- Assessing cultural competence
- Improving cultural competence
- How does it affect your work?

### Module 3

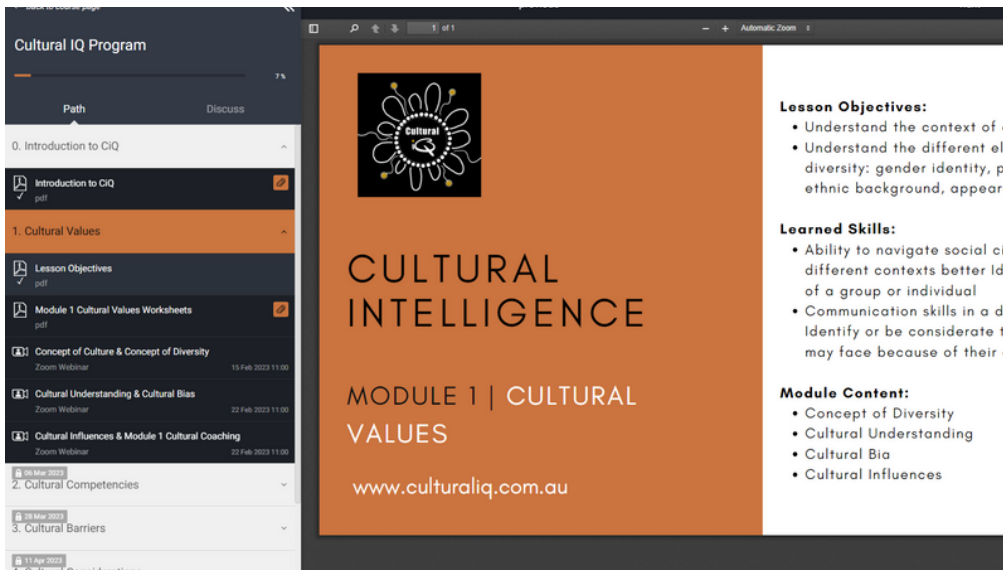
- Cultural barriers
- Your cultural barriers
- Indigenous peoples' cultural barriers
- Breaking cultural barriers
- Managing cultural barriers in the Workplace

### Module 4

- Community context
- Cultural environment
- Cultural situations
- Gender + age
- Cultural safety

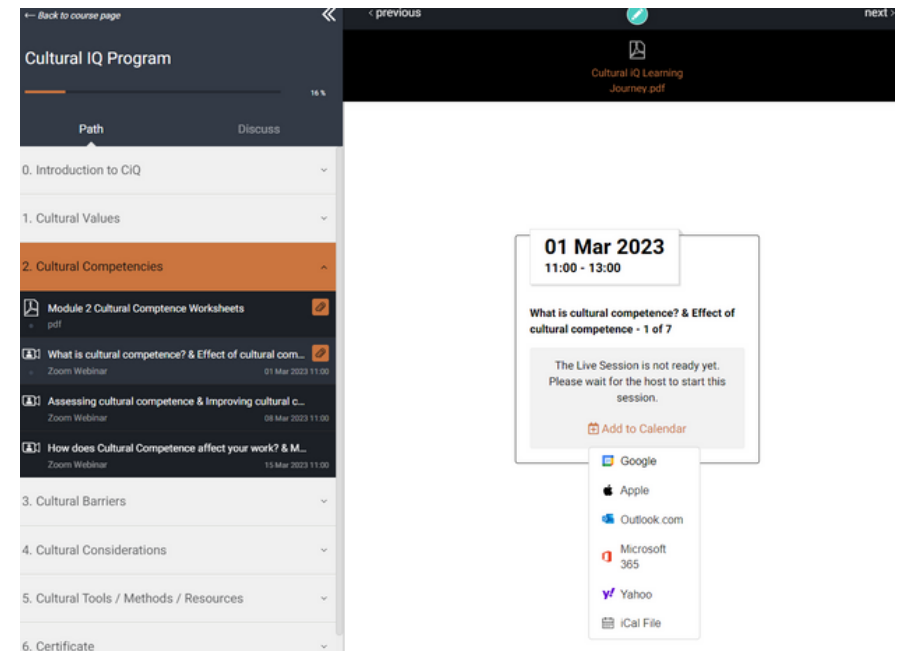
# Supporting the learner's journey with world-class content & resources

Each CiQ Module includes five (5) video lessons supported by detailed workbooks, downloadable resources and LIVE Cultural Coaching sessions delivered every three weeks with co-founders Cara & Adele Peek.



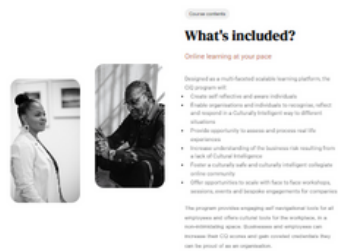
## Join the Cultural Conversation with LIVE Cultural Coaching

We understand that cultural learning takes time. the CiQ Program includes LIVE Cultural Coaching throughout the program providing the opportunity for you to ask questions, connect with other learners and build your understanding.



# Watch lessons and engage in the community in the one platform

Access the CiQ Program directly from culturaliq.com.au. Video content is streamed through the site to avoid accessing third party software\*.



00 Introduction to CiQ



00 Introduction to CiQ

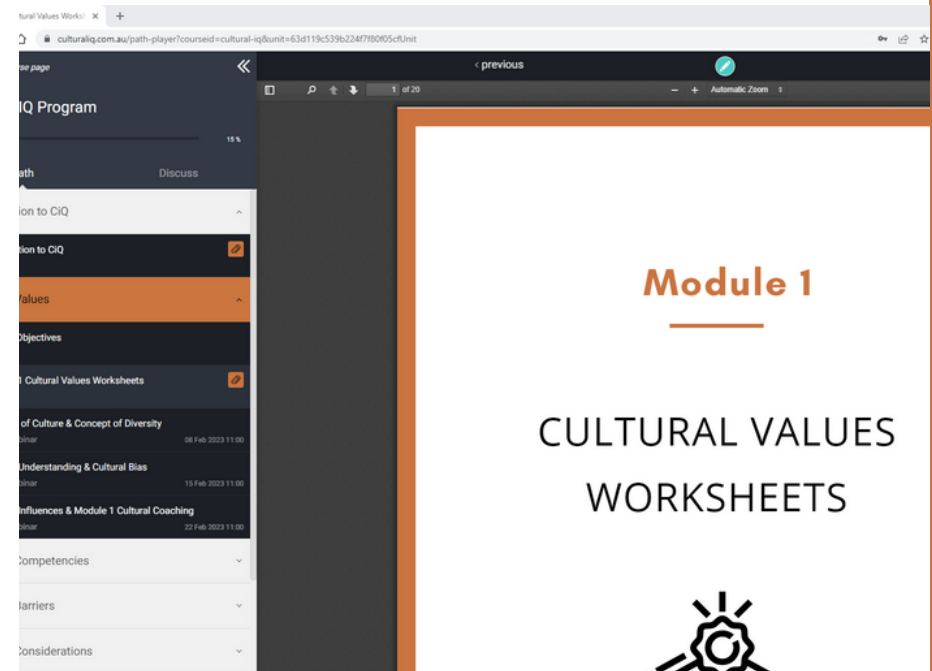
Introduction to CiQ 4 Pages

01 Cultural Values

Lesson Objectives 1 Page  
Module 1 Cultural Values Worksheets 20 Pages  
Concept of Culture & Concept of Diversity

# Worksheets to help guide your learning, online and off

CiQ Modules and lessons are supported by PDF worksheets and resources designed to complement your learning journey.



\*NB: LIVE Cultural Coaching is delivered via MS Teams



CiQ is available to individuals and organisations looking to build their cultural intelligence, create culturally safe workplaces and change the narrative about First Nations peoples.

To learn more and join CiQ, [click here](#).

[www.culturaliq.com.au](http://www.culturaliq.com.au)

## *Want CiQ for your Organisation?*

To register your organisation's interest in the CiQ Program, book a [Discovery call](#) with Cara & Adele today, or [click here to secure your place on CiQ](#).

